



Shots aren't just for Kids



Ask your doctor about



measles varicella influenza hepatitis b

Teens Need Shots?

Teens need immunizations. Many people do not know immunizations are just as important for teens as they are for children and infants. Immunizations promote teen health and help keep friends and family healthy by:

- Increasing the body's ability to fight disease
- Reducing the spread of vaccine preventable disease in your community

What can parents do?

Immunizations are the most important thing parents can do to protect their teens from harmful disease. A few ways to help ensure the health of teens are:

- Get teens any missed immunizations prior to high school graduation
- Make sure your teen receives regular health check-ups. Check-ups are a good time to screen, discuss and answer any questions regarding recommended immunizations.
- Ask your doctor or nurse about immunizations during healthcare appointments like sports physicals, routine physicals, or other office visits.
- Make sure your teen has an up-to-date immunization record prior to college entry.

How do I Keep Track of My Childs Shots?

IRIS is a statewide, confidential, secure, and voluntary immunization registry for people of all ages. IRIS makes your immunization record readily retrievable in case your immunization record is lost or you change healthcare providers. If you would like to enroll in IRIS, please speak with your healthcare provider or local health department.

pertussis human papillomavirus meningococcal hepatitis a

What am I at Risk for?

Meningococcal Disease: A bacterial disease which causes swelling around the brain and spinal cord. The disease can be spread in crowded situations such as school, sharing drinks, and kissing.

Human Papillomavirus: The HPV vaccine can protect girls from 4 strains of the very common HPV disease. This disease is responsible for 70% of cervical cancer cases.

Pertussis (whooping cough): The disease is spread through coughing and sneezing. It causes coughing spells which can make it hard to eat, drink, or even breathe.

Tetanus (lockjaw): Bacteria can enter the body through deep cuts or wounds.

Hepatitis A: Traditionally Idaho has had a high incidence of Hep A. The disease is commonly spread through contaminated food, spreads easily and can cause liver disease.

Are Immunizations Free?

Immunizations can be very costly to your child's health if the recommended immunization schedule is not followed:

Prior to the age of 19

Vaccine	# of Doses	Vaccine Cost	Administration Fee
Tdap	1	\$0	\$13.76
MMR	2	\$0	\$13.76
Hep A	2	\$0	\$13.76
Meningococcal	1	\$0	\$13.76

Administration rates may vary depending on the healthcare provider

Frequently Asked Questions?

Q: Are immunizations required for college entry?

A: Some colleges require students to show proof of an up-to-date immunization record upon registration.

Q: If I have been diagnosed with HPV should I receive the HPV vaccine?

A: Yes, there are over a 100 strains of HPV. The vaccine may protect you against other strains of the disease.

Q: As an adolescent am I at risk for Hep B?

A: Yes, it is estimated that Hep B strikes 60,000 adolescents per year in the United States.

Q: Should I receive the flu vaccine?

A: Yes, approximately 6.8 million individuals 2-18 years of age will have a chronic condition placing them at high risk for the flu.

For questions or concerns regarding immunizations, contact your healthcare provider or local health department.

After the age of 19

Vaccine	# of Doses	Vaccine Cost Per Dose	Administration Fee
Tdap	1	\$36.25	\$15.00
MMR	2	\$44.84	\$15.00
Hep A	2	\$28.74	\$15.00
Meningococcal	1	89.43	\$15.00

Administration rates and vaccine expense may vary at the discretion of the healthcare provider

